After School Martial Arts Program – Chaparral Elementary
2011/2012 Academic School Year

Dear Chaparral Elementary parents,

It is with great enthusiasm that we announce the return of Z Ultimate after school Martial Arts program to Chaparral Elementary!

Program Objectives/Benefits:

- Focus on the children to help improve their self-esteem, confidence, fitness, and concentration. Basic awareness skills will also be taught, empowering students to deal with day to day stressful situations. Please note that students do not have to be enrolled in the after school child care program to participate in this program.

Program details:

- **Session by Grade Level** - A total of six, five week sessions will be offered and taught by Z Ultimate instructors:

<table>
<thead>
<tr>
<th>Session</th>
<th>Grades</th>
<th>Session Start</th>
<th>Session End</th>
<th>Calendar Days</th>
<th>Session Phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>1,2,3</td>
<td>9/14/11’</td>
<td>10/12/11’</td>
<td>Sep 14, 21, 28, Oct 5, 12</td>
<td>*Now accepting applications</td>
</tr>
<tr>
<td>#2</td>
<td>4,5,6</td>
<td>10/19/11’</td>
<td>11/16/11’</td>
<td>Oct 19, 26, Nov 2, 9, 16</td>
<td>*Now accepting applications</td>
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<tr>
<td>#3</td>
<td>Kdg.</td>
<td>1/11/12’</td>
<td>2/8/12’</td>
<td>Jan 11, 18, 25 Feb 1, 8</td>
<td>*Now accepting applications</td>
</tr>
<tr>
<td>#4</td>
<td>1,2,3</td>
<td>2/22/12’</td>
<td>3/21/12’</td>
<td>Feb 22, 29 Mar 7, 14, 21</td>
<td>*Now accepting applications</td>
</tr>
<tr>
<td>#5</td>
<td>4,5,6</td>
<td>3/28/12’</td>
<td>4/2/12’</td>
<td>Feb 22, 29 Mar 7, 14, 21</td>
<td>*Now accepting applications</td>
</tr>
<tr>
<td>#6</td>
<td>Kdg.</td>
<td>4/9/12’</td>
<td>5/6/12’</td>
<td>May 9, 16, 23, 30 Jun 6</td>
<td>*Now accepting applications</td>
</tr>
</tbody>
</table>

- **Day/Time/Location** – Wednesdays from 1:00 to 2:00pm in the cafeteria seating area.
- **Class Size** – For each session, class size is limited to 20 students.
- **Suggested Donation** - $65 per student (includes testing fee).
- **Attendance** – Attending all classes is mandatory in order to be tested for the next belt rank. If unable to attend a particular class, students will be given the opportunity to make up the missed class. Also, if a student falls behind, they will be offered up to 2 private lessons at no additional cost. Finally, while enrolled in the session, students can attend all group classes offered at Z Ultimate Claremont.
- **Testing** - Testing is on the last day of each session. Upon passing, they will be awarded a yellow belt and uniform.

If your student is interested in this enrichment program, please fill out and turn in the bottom portion of this flyer with $65 payable to ZUSD/AL. Please note that this program is neither sponsored nor endorsed by the Claremont Unified School District. A portion of the proceeds will be donated to the PFA and AL Pomona Valley – now affiliated with Z Ultimate. This is a non-profit, volunteer organization dedicated to improving the lives and well-being of the people in the valley communities.

Student Name:__________________________ Age:______ DOB:___________ Session #:_____

Parent Name:__________________________ Parent Cell #:________________________

Home Phone:__________________________ Email:________________________

Are there any injuries we need to know about? ______________________________________

Has your child studied Martial Arts before? Yes/No Style:________________ How Long:______

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